AN ANALYSIS OF THE MAIN CHARACTER CONFLICTS IN THE MOVIE *INSIDE OUT* BY PETE DOCTOR

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ABSTRAK

This study aims to analyze the conflicts faced and investigate their psychological attributes by the main characters in "Inside Out" movie. The data used for this research comes directly from the film. Conflict analysis is divided into two types, namely external conflict and internal conflict. Description and presentation of the main character explains the psychological aspects consisting of desires, feelings and emotions. Qualitative research methods are used, emphasizing the relationship between data collection and observation, rather than relying on mathematical calculations. The study's results indicate that the primary character encounters two distinct types of conflicts: one external and the other internal. Psychological analysis shows that there are desires, feelings, and emotions in the main character. Through this conflict, it is clear that Riley, the main character, is making significant efforts to keep his private life a secret and try to solve this problem on his own.

Keywords: *Conflict; Main Character; Psychology;*

ABSTRAK

Studi ini bertujuan untuk menganalisis konflik yang dihadapi dan menyelidiki atribut psikologis oleh karakter utama dalam film "Inside Out". Data yang digunakan untuk penelitian ini berasal langsung dari film tersebut. Analisis konflik dibagi menjadi dua jenis, yaitu konflik eksternal dan konflik internal. Deskripsi dan presentasi karakter utama menjelaskan aspek psikologis yang terdiri dari keinginan, perasaan, dan emosi. Metode penelitian kualitatif digunakan, dengan menekankan hubungan antara pengumpulan data dan observasi, daripada mengandalkan perhitungan matematis. Hasil studi ini menunjukkan bahwa karakter utama mengalami dua jenis konflik yang berbeda, yakni konflik eksternal dan konflik internal. Analisis psikologis menunjukkan adanya keinginan, perasaan, dan emosi dalam karakter utama. Melalui konflik ini, terlihat bahwa Riley, karakter utama, melakukan upaya signifikan untuk menjaga kehidupan pribadinya sebagai rahasia dan mencoba menyelesaikan masalah ini sendiri.

Kata Kunci: Konflik; Karakter utama; Psikologi;

INTRODUCTION

Literature is a form of creative and imaginative expression that employs language and holds a central position in terms of aesthetic significance. Imagination and aesthetics serve as fundamental principles within the realm of individual artistry, while language distinguishes literary creations from other forms of artistic expression. Based on the provided explanation, the researcher draws the conclusion that literary creations are products of personal imagination, representing the expression of ideas. These literary works can manifest in various forms such as novels, prose, poetry, films, and other artistic expressions[1].

Literature encompasses numerous facets of human existence. Beyond its written content, it encapsulates elements of the society and time period in which it is created and wields an impact on them as well. Literature serves as a valuable tool for gaining insights into various aspects of human life. It aids us in comprehending how the environment shapes human character and emotions[2]. Literature encompasses a wide range of creative forms, including poetry, drama, fiction, and non-fiction writing. It also extends to oral traditions, theatrical performances, and broadcast compositions, which may not always be documented in written form, such as films and television programs[3].

Language is one of the tools of communication, by using language people can express their ideas, emotion, and desires. It is used as a tool to interact with other. English has been the most important language in international communication [4].

According to Handersen, et al. Consistency in this context doesn't necessarily pertain to a specific character remaining unchanged; any character transformation suffices. Similarly, being reliable doesn't imply universal recognition within the city's populace, but rather trustworthiness within the narrative's circumstances[5].

Movies have the capability to visually convey images to the audience, allowing them to vividly present themselves to viewers[6]. Viewing a film has the power to transport the audience away from their everyday routines, immersing them in an alternate reality where they feel like active participants in the lives of fictional characters. Movies are recognized as a significant form of mass communication media that plays a crucial role in imparting moral values to the audience.

Characters play a significant role in films as they often serve as representations of human life in a broader sense. The portrayal of characters in literary works closely mirrors reality, encompassing a diverse range of traits, ideas, and emotions that readers or viewers can observe and relate to. This enables them to gain insight into and comprehend the emotions experienced by the characters[7].

Yuliasari,et.al [2] stated that Conflict is often linked to physical battles, wars, and typically implies that it arises between two individuals, groups, or nations.

There are various types of conflicts depicted in fiction, such as conflicts within individuals, conflicts between individuals, conflicts between individuals and society, conflicts between individuals and nature, and more [8]. Conflict arises from the challenges people face in life situations. The film "Inside Out" utilizes conflict as a means to develop the plot, particularly focusing on the main character, Riley, who encounters both external and internal conflicts. Conflict arises due to differences, which can occur within an individual or between individuals and others, including society [9]. This study specifically concentrates on examining the conflict encountered by a character within the movie "Inside Out". "Inside Out" is a 3D computer-animated film in the genre of comedy, adventure, and drama. It was created by Pixar Animation Studios and distributed by Walt Disney Pictures. It was written and directed by Pete Docter and premiered on August 19, 2015. The story revolves around a young girl named Riley who experiences a multitude of emotions. The choice to study the main character's conflict in this film is motivated by the fact that conflict drives the entire story and presents an intriguing subject for analysis. Thus, the researcher seizes the opportunity to conduct the first study on this topic. By dissecting this movie, the researcher intends to provide readers with a deeper understanding of the conflicts encountered by the central character and how these conflicts are ultimately resolved in "Inside Out."

Characters tend to possess a higher degree of complexity, variability, and ambiguity. Prior to this study, the researcher examined previous works related to conflicts faced by main characters in films [10]. For example, Putra (2016) analyzed the conflict of the main character, Alan, who was diagnosed with Attention Deficit Hyperactivity Disorder (ADHD) in the film "The Hangover III" [11]. Another study conducted by Suerni (2014) focused on analyzing internal conflicts faced by main characters in the novel "The Notebook" by Nicholas Sparks, exploring the sources of conflicts encountered, particularly by the main character [12]. Additionally, Agra (2016) conducted research specifically on the script of "Inside Out," endtitled "The Meaning of Interpersonal Conflict Between Joy and Sadness as Seen in Pete Docter's Inside Out Film Scenario." This research focused on examining the interpersonal conflict involving the characters Joy and Sadness, highlighting the imbalance in the situation at Headquarters. Considering these previous studies, the researcher aims to analyze the conflicts faced and investigate their psychological attributes by the main characters in "Inside Out" movie[13].

RESEARCH METHODOLOGY

The research method employed in this study encompasses several components, including the data source, Methods and techniques for gathering data, methods and techniques for analyzing data, and methods and techniques for presenting data[8].

The data source for this study is derived directly from the film "Inside Out." The researcher utilizes the film itself as the primary source of data, analyzing the conflicts and psychological aspects depicted in the movie.

In terms of data collection, specific methods and techniques are employed to gather relevant information from the film. These methods may include watching the film multiple times, taking

detailed notes, and identifying key scenes or dialogues that pertain to the main character's conflicts and psychological attributes.

Once the data is collected, appropriate methods and techniques are applied for data analysis. This could involve qualitative analysis, such as identifying recurring themes or patterns related to the conflicts and psychological aspects portrayed in the film. The researcher may also use theoretical frameworks, such as Kenny's conflict theory or Bernhardt's psychological aspects, to analyze and interpret the data [14].

Finally, the results of the analysis are presented using suitable methods and techniques. This could include organizing the findings thematically, providing supporting evidence from the film, and offering interpretations and insights into the main character's conflicts and psychological characteristics. The researcher may use quotes or examples from the film to illustrate key points and enhance the clarity and comprehensibility of the research findings.

FINDINGS AND DISCUSSION

The data gathered for this research was subjected to qualitative analysis, and this analysis was conducted within the framework of a specific theory or conceptual framework. The analysis procedure commenced by providing a comprehensive review of the movie's plot summary to establish a contextual comprehension. Subsequently, the conflicts faced by the main character were analyzed employing William Kenny's (1966) theory of conflict. This theory provided a framework to examine and interpret the conflicts experienced by the main character. Furthermore, Karl S. Bernhardt's (1963) psychological theory was utilized to analyze the underlying psychological aspects related to the conflicts. By utilizing these theoretical frameworks, the analysis aimed to gain insights into the conflicts portrayed in the movie "Inside Out" and understand their psychological implications [15]. The qualitative method allowed for a detailed examination of the data, providing a deeper understanding of the main character's conflicts and the psychological factors at play.

1. Analysis

 1.1. Types of Conflict in Inside Out Movie

A. External Conflict between Riley and Father

(Int. Kitchen Table)
Dad : RB. Internal Conflictiley, I do NOT
like this new attitude.
Riley : What is your
problem? Just leave me
alone.

Fear and Disgust attempted to caution Anger in an effort to consistently ensure Riley's happiness, but their efforts were in vain. Anger resisted heeding Fear and Disgust's advice, as it only led to arguments between Riley and her father, resulting in a negative change in Riley's demeanor. This situation left her father extremely frustrated, with his own emotions compelling him to take decisive action to address Riley's attitude.

B. Internal Conflict

Riley : Uhh... okay. My
name is Riley Andersen. I'm from Minnesota.
And now I live here.
Teacher : And how about Minnesota?...
Can you tell us something about it?
Well you certainly get a lot more snow than we do.
Riley : Yeah, it gets pretty cold. The lake freezes over,
and that's when we play hockey. I'm on a great
team. We're called the Prairie Dogs.
My friend Meg plays forward. My dad's the coach. Pretty much everyone in my family skates.
Riley : It's a kind of family tradition. We go out on the lake almost every weekend
Riley : Or we did, 'til I moved away.

Riley's mother inquired about her father's whereabouts, but her mother reassured her that he was still in his office. She expressed her gratitude to Riley, appreciating having such a wonderful daughter. This situation left them both feeling perplexed and stressed. Despite this, Riley managed

to maintain her cheerful disposition, while her father grew increasingly despondent. In response, her mother hoped that Riley would continue to be a happy girl.

When Riley's mother consulted Anger, Fear, Sadness, and Disgust, they were eager to assist Joy in keeping Riley happy. Joy observed Riley experiencing nightmares and decided to alter the dream by infusing it with memories of the precious moments Riley had shared with her parents.

1.2. Feelings

(In Headquarters)
*Sadness : **I just touched it.***
Joy : that shouldn't
make it change.
Fear : Change it back,
Joy!

In this scenario, Riley experienced a wave of sadness when Sadness inadvertently interacted with one of her memories. This particular memory was associated with a joyful vacation she had taken with her family, and as Sadness touched it, it triggered a flood of positive emotions, momentarily making Riley happy. However, something unexpected happened – Sadness's interaction with the memory seemed to permanently alter it, preventing it from returning to its original state. As a result, whenever Riley recalled that specific memory, it now brought a sense of sadness, contrasting with the happiness it used to evoke.

1.3. Emotions

(Int. Kitchen Table)
Dad : ahh, so, Riley! How was
school?
Riley : (snarky) school was
great, alright?

Riley's father was surprised and caught off guard by her attitude, which was clearly reflected in her behavior. Her actions and overall demeanor deeply troubled her father, who was not pleased with her behavior at all. As he scolded her, Riley's distress grew even more pronounced. Nonetheless, despite the tense atmosphere, her father endeavored to maintain his composure and work towards alleviating the tension. He made an earnest attempt to help Riley grasp the situation and gain insight into the reasons behind his reaction.

CONCLUSION

In the movie "Inside Out," two key themes are explored: The main character's conflicts and their psychological facets. These conflicts center around how Riley, the protagonist, navigates and copes with the challenges she faces. At the heart of these challenges is Joy, the predominant emotion in Riley's mind, who strives to ensure Riley's happiness. Riley's conflicts can be broadly categorized as external and internal.

External conflicts in the story primarily involve interpersonal conflicts, particularly those between Riley and her parents. These conflicts are central to the plot and drive much of the narrative tension. In contrast, internal conflicts, also referred to as psychological conflicts, unfold within Riley's mind. The story portrays Riley through five distinct emotions, leading to internal conflicts that influence her behavior and decisions. The analysis of the main character's psychological aspects delves into their desires and emotions. The narrative places significant emphasis on Joy's relentless pursuit of making Riley happy, highlighting it as a central aspect of the character's motivations. Furthermore, the emotions represented within the main character serve as a reflection of the broader human experience, with Joy's demeanor symbolizing the range of emotions explored throughout the story.

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